

Snack and Lunch Menu – Rotating Menu 2021 (Decatur, Aurora & Roanoke)



Monday	Tuesday	Wednesday	Thursday	Friday
<p>A.M. Snack: Fruit-filled Nutri-grain bar & ½ mozzarella cheese stick</p> <p>Lunch: White meat chicken nuggets, mashed potatoes, strawberries & Wheat Thins (whole grain)</p> <p>P.M. Snack: Veggie straws/puffs & cheese cubes</p>	<p>Fruit Loops (whole grain) & banana slices</p> <p>Barilla protein+ pasta (wheat) w/ ground turkey & mariana sauce, sweet corn & mixed fruit/fruit cocktail</p> <p>Honey Teddy Grahams (whole grain) & a "dab" of sun butter</p>	<p>Bisquick protein pancakes/muffins w/ chocolate chips & grapes</p> <p>Baked fish sticks, steamed peas, peaches & Triscuit crackers (whole grain)</p> <p>Animal Crackers & yummy yogurt</p>	<p>Whole wheat cheesy toast & 100% apple juice</p> <p>Beef corn dogs, baked beans, steamed carrots w/ cinnamon & fresh, seasonal fruit</p> <p>Whole grain Goldfish & pepperoni slices</p>	<p>Cheesy hash browns & cantaloupe</p> <p>Tater tot casserole (w/ ground beef), green beans, applesauce & Multigrain Club crackers</p> <p>Chef's Choice & Jell-o w/ mixed fruit (from week) & topped w/ Reddi-Whip</p>
<p>(Cinnamon) raisin bread & 100% pineapple juice</p> <p>BBQ chicken, steamed mixed veggies, grapes & Simply Cheetos Puffs white cheddar</p> <p>Quaker chewy chocolate chip granola bar (w/ whole grains)</p> <p>Quaker oatmeal (whole grain) w/ brown sugar & blueberries</p> <p>White meat chicken nuggets, green beans, mixed fruit/fruit cocktail & Triscuit crackers (whole grain)</p> <p>Whole grain Goldfish & apple slices</p>	<p>Kix (whole grain) & banana slices</p> <p>Meatballs with marinara sauce, sweet corn, kiwi, Saltines (whole grain)</p> <p>Lance ToastChee Cheddar Cheese crackers</p> <p>Fruit-filled Nutri-grain bar & 100% white grape juice</p> <p>Sloppy Joe sliders (on whole wheat bread), steamed cheesy broccoli & pineapples</p> <p>Chocolate Teddy Grahams (whole grain) & yummy yogurt</p> <p>Cinnamon Toast Crunch (whole grain) & yogurt</p>	<p>Cheesy egg bake & strawberries</p> <p>Tuna casserole w/ cheese, green beans, oranges & whole wheat Ritz crackers</p> <p>Chocolate Chex cereal (whole grain) & a "dab" of sun butter</p> <p>Country sausage biscuit & orange smiles</p> <p>Chicken and cheesy brown rice (whole grain) casserole, steamed mixed veggies & strawberries</p> <p>Chex mix (w/ whole grain) & carrot sticks/slivers w/ ranch dressing</p> <p>Cheesy egg bake & strawberries</p> <p>Chicken salad (white meat chicken, mayo & relish), steamed mixed veggies, peaches & Saltines (whole grain)</p> <p>Infants & ELs: Multigrain Club crackers & ½ cheese stick/slice 3s & up: Smart Pop popcorn (whole grain) & raisins</p>	<p>French toast sticks & apple slices</p> <p>Baked beans w/ beef weenies, steamed cheesy cauliflower, peaches & Fritos (ELs & older)/ ½ slice bread (Toddlers)</p> <p>Graham crackers (whole grain) & ELs & up: + Mott's Medleys fruit snacks (made w/real fruit & veggie juice)</p> <p>Bisquick protein pancakes/muffins w/ chocolate chips & grapes</p> <p>Beef/Chicken taquitos, black beans, sweet corn & peaches</p> <p>Quaker rice crisps (variety) (whole grain) & ½ mozzarella cheese stick</p> <p>Pancake & sausage on a stick & fresh, seasonal fruit</p> <p>Pizza, green beans, mixed fruit/fruit cocktail & Wheat Thins (whole grain)</p> <p>Quaker chewy chocolate chip granola bar (w/ whole grains)</p>	<p>Homestyle buttermilk biscuits w/ 100% fruit jam</p> <p>Ham, cheese & mayo sandwiches (whole wheat bread), tater tots & seedless watermelon</p> <p>Chef's Choice & Jell-o w/ mixed fruit (from week) & topped w/ Reddi-Whip</p> <p>Lucky Charms (whole grain) & fruit Go-Gurt yogurt</p> <p>100% beef hot dog, pork & beans, sweet potato fries & apple slices/applesauce</p> <p>Chef's Choice & Jell-o w/ mixed fruit (from week) & topped w/ Reddi-Whip</p> <p>belVita Blueberry Breakfast Biscuit (whole grain) & kiwi</p> <p>Mozzarella sticks w/ marinara sauce, sweet corn, seedless watermelon & whole grain Goldfish</p> <p>Chef's Choice & Jell-o w/ mixed fruit (from week) & topped w/ Reddi-Whip</p>

*Milk is offered with A.M. snack & served at lunch. Whole milk is served to children 2 years and younger; 1% milk is served to children 3 years and older.

**Fresh, seasonal fruit can be: fresh pineapple, fresh berries, watermelon, kiwi, peaches, mango, etc. At times, 100% fruit juice is served (only to children 12 mos. & older) in place of fresh/seasonal fruit. This will be noted on the menu.

*** In order to be less wasteful, "Chef's choice!" on Fridays is defined as "left over" A.M. or P.M. snacks from the current week (defined on posted menu).